



SPOOKY FOOD FOR A HEALTHY HALLOWEEN

Find inspiration for your Halloween potlucks and parties in the produce aisle! [Read more](#)

RETURN FROM THE DEAD



STOKES PURPLE® SWEET POTATOES

Your favorite purple sweet potatoes are back! Add a pop of color and extra antioxidants to any of your favorite sweet potato dishes.

[CLICK TO WATCH YOUTUBE VIDEO](#)

Organic also available



#SPOOKYFOOD SEASON



BUDDHA'S HAND

Gnarly yet fragrant centerpiece

[CLICK TO WATCH YOUTUBE VIDEO](#)



PURPLE SNOW PEAS

Perfect Halloween party snack
Excellent source of vitamin C



BUTTERCUP SQUASH

Delicious little monster
Excellent source of vitamins A and C



KIWANO®

Spooky inside AND out

[CLICK TO WATCH Kiwano® Horror Picture Show](#)

Can't find these items in your store? Ask your produce manager to order them from Frieda's!



BUBBLING CAULDRON DREADFULLY DELICIOUS



CHIVE & BLACK GARLIC CREAM CHEESE SPREAD



CACTUS PEAR MOCKTAIL



Meyer Lemon Roasted Chicken



Blood Orange Meringue Cookies

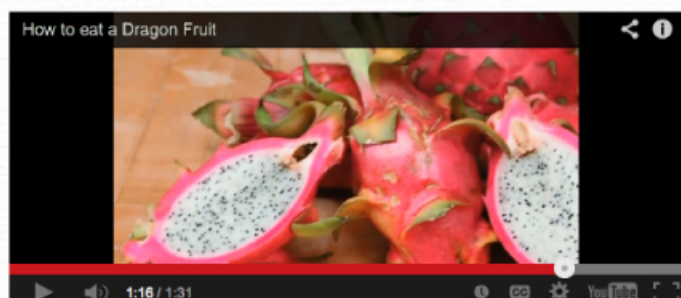
NUTMEG NANNY



See why she's one of our favorites [Click here](#)



DRAGON FRUIT YOUTUBE VIDEO



[Click here to play video](#)

GOT #SPOOKYFOOD? SHARE YOUR TALES!



Share your story

